

## Monday, June 1, 2026

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### YAH Stretch, Strength, Stillness

Date and Time: Monday, June 1 10:00 am - 11:00 am

Address: Southwold Keystone Complex, 35663 Fingal Line

Yoga-based exercise class. All abilities are welcome.

Weekly, beginning on Monday, March 2nd.

\$2.00/class

Tamme Matthew, Instructor.

Presented by Southwold Young @ Heart. For Southwold residents, ages 55+.

## Saturday, June 13, 2026

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### Rosy Rhubarb

Date and Time: Saturday, June 13 8:00 am - 5:00 pm

Address: Southwold Keystone Complex

Fun for the whole family - all weekend long, vendors, community yard sales, kids zone, petting zoo & pony rides, and bouncers.

Check out the Rosy Rhubarb website for the schedule of events.

## Sunday, June 14, 2026

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### Rosy Rhubarb

Date and Time: Sunday, June 14 8:00 am - 5:00 pm

Address: Southwold Keystone Complex

Fun for the whole family - all weekend long, vendors, community yard sales, kids zone, petting zoo & pony rides, and bouncers.

Check out the Rosy Rhubarb website for the schedule of events.

## Monday, June 15, 2026

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### YAH Stretch, Strength, Stillness

Date and Time: Monday, June 15 10:00 am - 11:00 am

Address: Southwold Keystone Complex, 35663 Fingal Line

Yoga-based exercise class. All abilities are welcome.

Weekly, beginning on Monday, March 2nd.

\$2.00/class

Tamme Matthew, Instructor.

Presented by Southwold Young @ Heart. For Southwold residents, ages 55+.

## Tuesday, June 16, 2026

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### Cultivating Success 2026 Networking Event - Celebrate Your Connections

Date and Time: Tuesday, June 16 5:00 pm - 7:30 pm

Address: Natures Oasis, Southwold

Check out the **Cultivating Success 2026: Celebrate Your Connections**, a premier networking event celebrating local entrepreneurship and rural economic growth across Elgin County.

Featuring **Peter Katz**, a Juno Award–nominated singer-songwriter and renowned keynote speaker.

Guests will also enjoy a taste of Elgin County with delicious offerings from local food vendors **Made With Love** and **Evelyn's Sausage Kitchen**. The evening will feature local wine from **Skye Chase Estate Winery** and craft beer selections from **Natterjack Brewing Company** and **Port Stanley Brewing Company**, showcasing the region's vibrant food and beverage scene.

Don't miss this opportunity to expand your network, celebrate local success, and strengthen the connections that drive our communities forward. We look forward to welcoming you to an unforgettable evening of inspiration and collaboration.

Follow the link to reserve your spot for this FREE EVENT.

## Friday, June 19, 2026

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### Shedden Truck and Tractor Pull

Date and Time: Friday, June 19 6:30 pm - 10:00 pm

Address: Southwold Keystone Complex

53rd Annual Shedden Truck and Tractor Pull.

Come for the pull, stay for the party! Free parking, beer tent, food trucks, camping available, and live music.

Check the website for more details.

## **Monday, June 22, 2026**

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### **YAH Stretch, Strength, Stillness**

Date and Time: Monday, June 22 10:00 am - 11:00 am

Address: Southwold Keystone Complex, 35663 Fingal Line

Yoga-based exercise class. All abilities are welcome.

Weekly, beginning on Monday, March 2nd.

\$2.00/class

Tamme Matthew, Instructor.

Presented by Southwold Young @ Heart. For Southwold residents, ages 55+.

## **Wednesday, June 24, 2026**

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### **YAH Music Morning**

Date and Time: Wednesday, June 24 9:30 am - 12:00 pm

Address: Keystone Complex, 35921 Fingal Line

The last Wednesday of each month

9:30 am listen to music played by the dulcimer group.

11:00 am sign along with Strumin Ukes.

Come and enjoy a coffee with the musical groups.

Presented by Southwold Young @ Heart. For residents of Southwold, aged 55+.

## **Thursday, June 25, 2026**

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## **YAH - Summer Picnic**

Date and Time: Thursday, June 25 12:00 pm - 2:00 pm

Address: Corsley Park

Young @ Heart is hosting their Summer Picnic.

## **Monday, June 29, 2026**

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### **YAH Stretch, Strength, Stillness**

Date and Time: Monday, June 29 10:00 am - 11:00 am

Address: Southwold Keystone Complex, 35663 Fingal Line

Yoga-based exercise class. All abilities are welcome.

Weekly, beginning on Monday, March 2nd.

\$2.00/class

Tamme Matthew, Instructor.

Presented by Southwold Young @ Heart. For Southwold residents, ages 55+.

<https://calendar.southwold.ca>