

SOUTHWOLD YOUNG AT HEART COMMITTEE

AGENDA

Council Chambers, 35663 Fingal Line, Fingal

November 18, 2025

1:30 p.m.

- 1. Call to Order**
- 2. Confirmation of Agenda**
- 3. Approval of Minutes – September 23, 2025**
- 4. Wrap-up Report on the October 23rd Drive-Thru Lunch**
- 5. Financial Report**
- 6. Senior Fitness Program**
- 7. Seniors Community Grant**
- 8. Future Events**
- 9. Other Business**
- 10. Meeting Date**
- 11. Adjournment**



Southwold Young at Heart Committee Meeting Minutes

Tuesday September 23, 2025
Council Chambers, Fingal, ON
Time meeting started: 1:30 p.m.

Attendance: Deb Logghe, Sharon Hinz, Ida Martin, Karen Olmstead, Mary-Lou Jones, Trudy Kanellis, Karen Auckland, Allan Bogart and June McLarty

Regrets: Sarah Emons

1. Call Meeting to Order and Welcome

Deb Logghe called the meeting to order at 1:30 pm.

2. Approval of the Agenda

Resolution No. 2025-15 Moved by: Karen Auckland
Seconded by: Trudy Kanellis

RESOLVED that the agenda of the September 23rd, 2025 meeting of the Southwold Young at Heart Committee be approved

DISPOSITION: Carried

3. Approval of Minutes

Resolution No. 2025-16 Moved by: Karen Olmstead
Seconded by: Sharon Hinz

RESOLVED that the minutes of the August 14th, 2025 meeting of the Southwold Young at Heart Committee be approved.

DISPOSITION: Carried

4. October 23rd, lunch

Meat Loaf will be the feature meat for the October 23rd lunch with an apple dessert.

The Committee members and caterer will arrive around 11 am.

5. Complimentary Items

A plant will be the complimentary favour for the October lunch and there will be 80 ordered. There will be 90 poinsettias ordered for the Christmas lunch. Any left-over poinsettias will be taken to Elgin Manor or Royal Oak Senior Living.

6. Future Events

The Christmas lunch will be a drive-thru lunch. February 12th will be the date for a Valentine's lunch. A suggestion of stew with red velvet cake was made. April 16 will be the date for an Easter lunch. Menu will need to be determined. A date in May will need to be determined for a spring walk through the memorial garden in Shedden. It was suggested that the June picnic be held in Shedden and the August picnic at the Talbotville Optimist Sports Park. The dates for the picnics will be decided later.

7. Other Business

The Committee requested that a financial statement be presented at the next meeting.

8. Adjournment and Next Meeting

The meeting was adjourned at 2:23 p.m. to meet again on November 18th, at 1:30 p.m. in Council Chambers, Fingal.