

## **SOUTHWOLD YOUNG AT HEART COMMITTEE**

### **AGENDA**

**Council Chambers, 35663 Fingal Line, Fingal**

**January 29, 2026**

**1:30 p.m.**

- 1. Call to Order**
- 2. Confirmation of Agenda**
- 3. Approval of Minutes – December 11, 2025**
- 4. Old Timers Euchre Group**
- 5. Valentine's Event**
- 6. Seniors Exercise Program**
- 7. Future Events**
- 8. Other Business**
- 9. Meeting Date**
- 10. Adjournment**



## **Southwold Young at Heart Committee Meeting Minutes**

Thursday December 11, 2025  
Council Chambers, Fingal, ON  
Time meeting started: 1:42 p.m.

**Attendance:** Sarah Emons, Deb Logghe, Sharon Hinz, Karen Olmstead, Mary-Lou Jones, Karen Auckland, Allan Bogart, Ida Martin, Trudy Kanellis and June McLarty

### **1. Call Meeting to Order and Welcome**

Sarah called the meeting to order at 1:42 pm.

### **2. Approval of the Agenda**

Resolution No. 2025-21 Moved by: Allan Bogart  
Seconded by: Deb Logghe

RESOLVED that the agenda of the December 11<sup>th</sup>, 2025 meeting of the Southwold Young at Heart Committee be approved

DISPOSITION: Carried

### **3. Approval of Minutes**

Resolution No. 2025-22 Moved by: Mary -Lou Jones  
Seconded by: Sharon Hinz

RESOLVED that the minutes of the November 18<sup>th</sup>, 2025 meeting of the Southwold Young at Heart Committee be approved.

DISPOSITION: Carried

#### **4. Wrap-up Report on the Christmas Drive-thru lunch**

The Christmas Drive-thru lunch went well. The caterer reported that this lunch was the smoothest the lunches have ever run.

The poinsettia order may need to be cut back for next year.

A thank you card was received from Mary Clutterbuck.

The Committee discussed grandfathering in residents who have lived or have owned property in the Township. These residents will now be able to order the lunches.

#### **5. Seniors Community Grant Submission**

The Committee discussed and provided details for their submission to the Seniors Community Grant Program. If the Seniors Community Grant submission is not successful, the Committee will still be offering an exercise program for seniors at the complex. Deb will contact an instructor. The exercise program will hopefully begin in March. More details will follow.

#### **6. Future Events**

The next Young at Heart Event will be a Valentine's lunch on February 12<sup>th</sup>.

Attendees for this lunch will have the option to eat in or take-out. There may be a talk on Valentine's Day. Confirmation on the speaker will need to be done. June will contact the caterer. The committee discuss monthly events. More details on these events be discussed later.

#### **7. Other Business**

No other business was discussed.

#### **8. Adjournment and Next Meeting**

Resolution No. 2025-23

Moved by: Deb Logghe

Seconded by: Trudy Kanellis

RESOLVED THAT the meeting adjourn at 3:06 p.m. to meet again on January 29, 2026 at 1:30 p.m.

DISPOSITION: Carried