

## **SOUTHWOLD YOUNG AT HEART COMMITTEE**

### **AGENDA**

**Council Chambers, 35663 Fingal Line, Fingal**

**April 7, 2026**

**1:30 p.m.**

- 1. Call to Order**
- 2. Confirmation of Agenda**
- 3. Approval of Minutes – February 17, 2026**
- 4. Colleen Chapman, Occupational Therapist for Seniors**
- 5. Seniors Exercise Program Update**
- 6. April 16<sup>th</sup>, 2026 Event**
- 7. Musical Morning – October 28, 2026**
- 8. Financial Update**
- 9. Future Events**
- 10. Other Business**
- 11. Meeting Date**
- 12. Adjournment**



## Southwold Young at Heart Committee Meeting Minutes

Tuesday February 17, 2026  
Council Chambers, Fingal, ON  
Time meeting started: 1:06 p.m.

**Attendance:** Sarah Emons, Deb Logghe, Sharon Hinz, Karen Olmstead, Mary-Lou Jones, Karen Auckland, Ida Martin, Trudy Kanellis (1:39) and June McLarty

Regrets: Allan Bogart

### 1. Call Meeting to Order and Welcome

Deb Logghe called the meeting to order at 1:06 pm.

### 2. Approval of the Agenda

Resolution No. 2026-06 Moved by: Karen Auckland  
Seconded by: Mary Lou Jones

RESOLVED that the agenda for the February 17<sup>th</sup>, 2026, meeting of the Southwold Young at Heart Committee be approved

DISPOSITION: Carried

### 3. Approval of Minutes

Resolution No. 2026-07 Moved by: Karen Olmstead  
Seconded by: Sharon Hinz

RESOLVED that the minutes of the January 29<sup>th</sup>, 2026 meeting of the Southwold Young at Heart Committee be approved.

DISPOSITION: Carried

#### **4. Old Timers Euchre Group**

Resolution No. 2026-08 Moved by: Deb Logghe  
Seconded by: Deb Logghe

RESOLVED that a letter be sent to the President of the Old Timers Euchre Group advising them of the resolution that was passed by Council; and

THAT the letter also advise the Old Timers Euchre Group the amount of money that would be saved if the complex is used; and,

THAT that 50/50 draws will not be held at the events; and,

THAT the group will now be known as the Seniors Euchre Group sponsored by the Southwold Young at Heart Committee.

#### **5. Valentine's Event Wrap - up**

Overall things went well at the Valentine's event. The food was delicious and the roses were a big hit. The distribution of the meals went smoothly. A survey was taken and most of the attendees were there for both the meal and speaker. A break needs to happen between the meal and speaker. This will give the committee members some time to clear the tables. We need to make sure that the speaker uses a microphone or move the tables to a different end of the complex. The Committee would like to do another lunch and learn picnic soon. A speaker will need to be determined.

#### **6. Seniors Exercise Program**

Sharon and Karen will attend the exercise program on March 2<sup>nd</sup> to assist with getting the contact information from those who are attending.

The exercise program will be posted on the electronic sign. This exercise program is open to everyone.

#### **7. April 16<sup>th</sup>, 2026 Event**

The Committee is okay with the quote and menu for the April 16<sup>th</sup> event. A favour will need to be determined.

## **8. Future Events**

The summer picnics will be held in June and August. June at Corsley and August at the Talbotville Optimist Sports Park. A menu and caterer will need to be confirmed. Peter Sheridan will provide music

## **9. Other Business**

Producing a calendar that includes the YAH events was suggested. This calendar can be put up at the complex and possibility around the Township.

Deb, Ida and Mary-Lou will call residents to inquire if they are going to attend the events and have a meal.

## **10. Adjournment and Next Meeting**

Resolution No. 2026-09

Moved by: Karen Auckland

Seconded by: Karen Olmstead

RESOLVED THAT the meeting adjourn at 2:37 p.m. to meet again on April 7<sup>th</sup>, 2026 at 1:30 p.m.

DISPOSITION: Carried